



Wednesday, May 1, 2024

Walk and Talk

Date and Time: Wednesday, May 1 2:00 pm - 3:00 pm

Address: Building 725, Denwood, AB

A weekly registered group to get your steps in with a casual walk with others at the WMFRC. Registration required.

For more information call 780-842-11363 ext. 1253 or email info@wainwrightmfrc.ca to register.

Friday, May 3, 2024

Blessed Sacrament Church Community Garage Sale

Date and Time: Friday, May 3 4:00 pm - 7:00 pm

Address: Blessed Sacrament Church Hall, 906 - 6 Avenue, Wainwright, AB

Friday, May 3 4:00 - 7:00pm and Saturday, May 4 9:00am - noon. Items may be dropped off for the Sale April 29 - May 2 between the hours of 10:00am and 7:00pm.



BLESSED SACRAMENT CHURCH

ANNUAL GARAGE SALE!

906-6TH AVENUE

FRIDAY, MAY 3- 4:00 PM TO 7:00 PM
SATURDAY, MAY 4- 9:00 AM TO 12:00 NOON

**WE WELCOME DONATIONS
PLEASE DROP THEM OFF AT THE PARISH HALL
STARTING FROM APRIL 29TH TO MAY 2ND FROM
10:00 AM TO 7:00 PM .**



SOME ITEMS WILL BE SOLD ONLINE!

NO CLOTHING OR SHOES PLEASE!

We invite you to share your time to help with this fundraiser.
Sponsored by Blessed Sacrament Ladies and Knights of Columbus.
For more information please call Harry Loonen (780-806-6133).

Trick Riding 4U

Date and Time: Friday, May 3 5:30 pm - 7:30 pm

Address: 400 - 8 Street, Wainwright, AB

Hosted by Kamille Anderson at the WaInwright Equine Center.

Crafts, Horse Rides, Try a Trick, Beef on a Bun, Door Prizes & Raffles and enjoy a show.

\$10 Cover. Proceeds to the Wainwright Equien Center and Canadian Trick Riding Association.

Variety Show - Wainwright Association for Community Living

Date and Time: Friday, May 3 6:00 pm - 8:00 pm

Address: 700 - 2 Avenue Wainwright AB

Wainwright
Association for
Community Living
invites you to
our fundraiser

variety Show

**MUSIC, COMEDY,
ART, FASHION & Loonie raffle
WALK**

FRIDAY MAY 3, 6pm - 8pm

Hall #1, Wainwright c-plex

\$10 each (10 and under free)

Light refreshments served

Saturday, May 4, 2024

Blessed Sacrament Church Community Garage Sale

Date and Time: Saturday, May 4 9:00 am - 12:00 pm

Address: Blessed Sacrament Church Hall, 906 - 6 Avenue, Wainwright, AB

Friday, May 3 4:00 - 7:00pm and Saturday, May 4 9:00am - noon. Items may be dropped off for the Sale April 29 - May 2 between the hours of 10:00am and 7:00pm.



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We invite you to share your time to help with this fundraiser.
Sponsored by Blessed Sacrament Ladies and Knights of Columbus.
For more information please call Harry Loonen (780-806-6133).

Farmers Market

Date and Time: Saturday, May 4 10:00 am - 3:00 pm

Address: Wainwright Communiplex, 700 - 2 Avenue

2024 Wainwright Stampede Farmers Market

Sunday, May 5, 2024

Grace United Church Spring Supper

Date and Time: Sunday, May 5 4:30 pm - 6:30 pm

Address: 1038 - 4 Avenue, Wainwright, AB

Adults \$20, Kids 6-12 \$15, Under 5 FREE

Everyone welcome!

Monday, May 6, 2024

Knitting for Need

Date and Time: Monday, May 6 10:00 am - 11:00 am

Address: Building 725, Denwood, AB

Drop in at the Wainwright MFRC to knit items for various community needs. No knitting experience needed!

For questions call 780-842-1363 ext. 1253.

Chair Yoga

Date and Time: Monday, May 6 10:00 am - 11:00 am

Address: Prairie Rose Senior Activity Center

Join us and enjoy the benefits of gentle chair yoga! Learn poses that improve balance, flexibility, and strength. Plus, experience the ultimate in relaxation and mindfulness, reducing stress and boosting your overall well-being.

PLEASE NOTE: Each yoga session has a fee of \$5 per session for each individual. If this fee is a barrier for you, please reach out to us.

Low mobility? No worries!

NO EXPERIENCE NECESSARY!

For more information:

-Call: 780-842-2555

-Email: community@wainfcs.ca

Tuesday, May 7, 2024

Tumble Time

Date and Time: Tuesday, May 7 10:30 am - 11:30 am

Address: Building 210, Denwood, AB

Grab those indoor shoes and let the kids, ages 0 - 5, run at the Garrison Fitness Centre. \$2.00 per family/dayhome.

For more information contact 780-842-1363 ext. 1253.

Wednesday, May 8, 2024

Walk and Talk

Date and Time: Wednesday, May 8 2:00 pm - 3:00 pm

Address: Building 725, Denwood, AB

A weekly registered group to get your steps in with a casual walk with others at the WMFRC. Registration required.

For more information call 780-842-11363 ext. 1253 or email info@wainwrightmfr.ca to register.

Thursday, May 9, 2024

Theatre 75 Youth Drama Group presents The Snow White Variety Show!

Date and Time: Thursday, May 9 7:00 pm - 9:00 pm

Address: Wainwright Communiplex Theatre, 700 - 2 Avenue, Wainwright, AB

May 9 & 10 at 7:00pm and May 11 at 2:00pm. Tickets available online April 8th at <https://bit.ly/SnowWhiteVarietyShow>.

\$20.00 per ticket. Pending availability, tickets will also be available at the door.

Friday, May 10, 2024

Canadian Mental Health Week BBQ

Date and Time: Friday, May 10 11:30 am - 1:30 pm

Address: Webb's Ford Parking Lot, 2929 - 15 Avenue, Wainwright, AB

Let's celebrate Mental Health with friends, food and fun!

Cost \$2

Includes a burger or hot dog, water and bag of chips

Theatre 75 Youth Drama Group presents The Snow White Variety Show!

Date and Time: Friday, May 10 7:00 pm - 9:00 pm

Address: Wainwright Communiplex Theatre, 700 - 2 Avenue, Wainwright, AB

May 9 & 10 at 7:00pm and May 11 at 2:00pm. Tickets available online April 8th at <https://bit.ly/SnowWhiteVarietyShow>.

\$20.00 per ticket. Pending availability, tickets will also be available at the door.

Saturday, May 11, 2024

Theatre 75 Youth Drama Group presents The Snow White Variety Show!

Date and Time: Saturday, May 11 2:00 pm - 4:00 pm

Address: Wainwright Communiplex Theatre, 700 - 2 Avenue, Wainwright, AB

May 9 & 10 at 7:00pm and May 11 at 2:00pm. Tickets available online April 8th at <https://bit.ly/SnowWhiteVarietyShow>.

\$20.00 per ticket. Pending availability, tickets will also be available at the door.

Lights for Life

Date and Time: Saturday, May 11 7:00 pm - 10:00 pm

Address: Royal Canadian Legion, 1030 - 2 Avenue, Wainwright, AB

A night of Cheese cake & Music

Featuring: Critical Mass Band & Sheldon and Tanner Frissell

All money raised will go towards starting a Recovery House in Wainwright which will provide a safe home for those in early recovery from alcoholism and drug addiction, as they begin a new life, through structured programming, life skill training and support.

\$25 per person or corporate table \$250

Purchase tickets online at ArmorOfLight.ca or call 780-842-7921

Sunday, May 12, 2024

Mother's Day Brunch

Date and Time: Sunday, May 12 9:00 am - 1:00 pm

Address: Elks Hall, 1401 - 1 Avenue, Wainwright, AB

Hosted by the Wainwright Elks Royal Purple

Excellent variety for a wonderful Sunday morning out.

Age 11 and up \$15.00, 5-10 \$10.00, Under 5 Free

Monday, May 13, 2024

Knitting for Need

Date and Time: Monday, May 13 10:00 am - 11:00 am

Address: Building 725, Denwood, AB

Drop in at the Wainwright MFRC to knit items for various community needs. No knitting experience needed!

For questions call 780-842-1363 ext. 1253.

Chair Yoga

Date and Time: Monday, May 13 10:00 am - 11:00 am

Address: Prairie Rose Senior Activity Center

Join us and enjoy the benefits of gentle chair yoga! Learn poses that improve balance, flexibility, and strength. Plus, experience the ultimate in relaxation and mindfulness, reducing stress and boosting your overall well-being.

PLEASE NOTE: Each yoga session has a fee of \$5 per session for each individual. If this fee is a barrier for you, please reach out to us.

Low mobility? No worries!

NO EXPERIENCE NECESSARY!

For more information:

-Call: 780-842-2555

-Email: community@wainfcs.ca

50's, 60's & 70's Rock 'n Roll Comedy Show!

Date and Time: Monday, May 13 7:00 pm - 9:00 pm

Address: 731 - 2 Avenue

Tuesday, May 14, 2024

Tumble Time

Date and Time: Tuesday, May 14 10:30 am - 11:30 am

Address: Building 210, Denwood, AB

Grab those indoor shoes and let the kids, ages 0 - 5. run at the Garrison Fitness Centre. \$2.00 per family/dayhome.

For more information contact 780-842-1363 ext. 1253.

Wednesday, May 15, 2024

Walk and Talk

Date and Time: Wednesday, May 15 2:00 pm - 3:00 pm

Address: Building 725, Denwood, AB

A weekly registered group to get your steps in with a casual walk with others at the WMFRC. Registration required.

For more information call 780-842-11363 ext. 1253 or email info@wainwrightmfr.ca to register.

Out of Office - Taco Night with Morales Cocina x Cantina

Date and Time: Wednesday, May 15 5:00 pm - 7:00 pm

Address: 420 - 10 Street, Wainwright

Out of Office



presents



Taco Night with Morales Cocina x Cantina

420 - 10 St, Wainwright

May 15, 2024 5:00pm - 7:00pm

Try a Taco Sampler Platter & meet new people!

**\$20 per
person**



As with all our events,
NO MINORS please!



Please register by May 10 online at bit.ly/2024TacoNight

Register here: bit.ly/2024TacoNight

Friday, May 17, 2024

Life Skills for Teens

Date and Time: Friday, May 17 2:00 pm - 4:00 pm

Address: Building 725, Denwood, AB

Life Skills for Teens provides youths ages 13 - 18 the opportunity to learn a specific skill that they will be able to carry with them into adulthood. For the month of May we will be learning how to create a budget and ways to stick to it.

Registration deadlines:

May 17th Date - May 16

May 31 Date - May 30

Register by email: info@wainwrightmfr.ca

Tuesday, May 21, 2024

Tumble Time

Date and Time: Tuesday, May 21 10:30 am - 11:30 am

Address: Building 210, Denwood, AB

Grab those indoor shoes and let the kids, ages 0 - 5. run at the Garrison Fitness Centre. \$2.00 per family/dayhome.

For more information contact 780-842-1363 ext. 1253.

Lean Into Difficult Conversations

Date and Time: Tuesday, May 21 7:00 pm

Address: Wainwright High School Library, 800 - 6 Street, Wainwright, AB

Wednesday, May 22, 2024

Walk and Talk

Date and Time: Wednesday, May 22 2:00 pm - 3:00 pm

Address: Building 725, Denwood, AB

A weekly registered group to get your steps in with a casual walk with others at the WMFRC. Registration required.

For more information call 780-842-11363 ext. 1253 or email info@wainwrightmfr.ca to register.

Addictions Don't Discriminate - Expo Night!

Date and Time: Wednesday, May 22 6:00 pm - 8:00 pm

Address: Wainwright Peace Memorial Multiplex

Join us for a powerful and enlightening event coming to Wainwright: the "**Addictions Don't Discriminate**" exhibit!

Through the power of storytelling, this exhibit offers a glimpse into the complex world of addiction and mental health, uncovering the human experience that lies beneath the statistics and stigma.

At this event, you'll have the opportunity to engage with:

- **Interactive Addictions Don't Discriminate Exhibit:** This exhibit will take you on the journey of real people whose lives have been impacted by addiction.
- **Local Speakers:** Hear from individuals with lived experiences of addiction, as they bravely share their personal journeys, challenges, and triumphs.
- **Mocktails:** Enjoy a selection of refreshing non-alcoholic beverages, demonstrating that fun and flavor don't require alcohol.
- **Informational Booths:** Explore informative displays and local resources on addiction, recovery, and mental health support.
- **Goodie Bags:** Take home thoughtful giveaways designed to inspire and educate.

Admission to the "Addictions Don't Discriminate" exhibit is free, and all are welcome to attend (although we recommend ages 13+ due to intense topics that will be discussed). Join us as we come together to learn, connect, and advocate for compassion in the face of addiction and mental health.

For more information, please contact Wainwright FCSS at 780-842-2555/community@wainfcs.ca. Let's embark on this journey of empathy and awareness together!

Goodie bags and mocktails available as supplies last.

Battle River Victim Assistance Society Annual General Meeting

Date and Time: Wednesday, May 22 7:00 pm - 8:00 pm

Address: Fire Hall, 806 - 3 Avenue, Wainwright, AB

Anyone welcome!

Learn about this important organization for our community as you enjoy coffee and a donut. Thank you to all our current Volunteers!! We are always looking for new advocates.

Addictions Don't Discriminate - Free Public Viewing

Date and Time: Thursday, May 23 9:00 am - 1:00 pm

Address: 700 - 2 Avenue Wainwright AB

ADDICTIONS DON'T DISCRIMINATE



FREE!

Through the power of **storytelling**, this exhibit offers a glimpse into the **complex** world of **addiction**, uncovering the **human experience** that lies beneath the **statistics** and **stigma**.

Shared stories push us to look beyond someone's substance use and into the lived experience of each individual with empathy & compassion, to help us understand that **Addictions Don't Discriminate**.

Bring your own **device**
& **headphones**
(required for
interactive QR Codes!)



COMMUNITY EXPO W/ HAILEY & MIKE JONES OF ARMOR OF LIGHT RECOVERY

Local Speakers, Mocktails,
Informational Booths, Goodie Bags

Wednesday, May 22 | **No Registration**
| **6pm - 8pm** | **Required!**

FREE PUBLIC VIEWING

open for walk-throughs

Thursday, May 23
| **9am - 1pm** | **Come & Go!**

Wainwright
Communiplex Hall 1 & 2
700 - 2 Avenue

For more information,
☎ 780-842-2555
✉ Community@wainfcs.ca



Armor of Light
RECOVERY SOCIETY



Members of the public are welcome to come down and walk through the exhibits on their own.

Pork on a Bun Fundraiser - Western Financial Group

Date and Time: Thursday, May 23 11:30 am - 1:30 pm

Address: 910 - 3 Avenue, Wainwright, AB

PORK ON A BUN FUNDRAISER

Thursday, May 23 | 11:30-1:30pm | 910-3rd Ave Wainwright



Proceeds supporting the Western
Financial Group Communities Foundation
and the Wainwright Food Bank

Friday, May 24, 2024

Center Point Place Multi-Family Garage Sale

Date and Time: Friday, May 24 2:00 pm - 8:00 pm

Address: 848 - 4 Avenue, Wainwright, AB

Saturday, May 25, 2024

Center Point Place Multi-Family Garage Sale

Date and Time: Saturday, May 25 9:00 am - 1:00 pm

Address: 848 - 4 Avenue, Wainwright, AB

Sunday, May 26, 2024

Wainwright Elks Royal Purple Brunch

Date and Time: Sunday, May 26 9:00 am - 1:00 pm

Address: 1401 - 1 Avenue, Wainwright

The Wainwright Elks Royal Purple Brunch the last Sunday of the Month. Excellent variety for a wonderful Sunday morning out. Age 11 and up \$15.00; ages 5 - 10 \$10.00; under 5 free.

Family Game Night

Date and Time: Sunday, May 26 6:00 pm - 8:00 pm

Address: Building 725, Denwood, AB

Bring the family out and enjoy some friendly competition. Various board games will be available to choose from. Registration required by May 27.

To register or for more information contact 780-842-1363 ext. 1253 or info@wainwrightmfr.ca

Monday, May 27, 2024

Chair Yoga

Date and Time: Monday, May 27 10:00 am - 11:00 am

Address: Prairie Rose Senior Activity Center

Join us and enjoy the benefits of gentle chair yoga! Learn poses that improve balance, flexibility, and strength. Plus, experience the ultimate in relaxation and mindfulness, reducing stress and boosting your overall well-being.

PLEASE NOTE: Each yoga session has a fee of \$5 per session for each individual. If this fee is a barrier for you, please reach out to us.

Low mobility? No worries!

NO EXPERIENCE NECESSARY!

For more information:

-Call: 780-842-2555

-Email: community@wainfcs.ca

Knitting for Need

Date and Time: Monday, May 27 10:00 am - 11:00 am

Address: Building 725, Denwood, AB

Drop in at the Wainwright MFRC to knit items for various community needs. No knitting experience needed!

For questions call 780-842-1363 ext. 1253.

Tuesday, May 28, 2024

Tumble Time

Date and Time: Tuesday, May 28 10:30 am - 11:30 am

Address: Building 210, Denwood, AB

Grab those indoor shoes and let the kids, ages 0 - 5, run at the Garrison Fitness Centre. \$2.00 per family/dayhome.

For more information contact 780-842-1363 ext. 1253.

Wednesday, May 29, 2024

Walk and Talk

Date and Time: Wednesday, May 29 2:00 pm - 3:00 pm

Address: Building 725, Denwood, AB

A weekly registered group to get your steps in with a casual walk with others at the WMFRC. Registration required.

For more information call 780-842-11363 ext. 1253 or email info@wainwrightmfr.ca to register.

Friday, May 31, 2024

Battle River Lodge Annual Indoor Yard Sale

Date and Time: Friday, May 31 1:00 pm - 7:00 pm

Address: 429 - 5 Avenue, Wainwright, AB

If you have items for the yard sale please drop off by the end of the day on Monday, May 28. No large furniture or large electronics please. For any questions please contact activities at 780-842-2796.

Life Skills for Teens

Date and Time: Friday, May 31 6:30 pm - 8:30 pm

Address: Building 725, Denwood, AB

Life Skills for Teens provides youths ages 13 - 18 the opportunity to learn a specific skill that they will be able to carry with them into adulthood. For the month of May we will be learning how to create a budget and ways to stick to it.

Registration deadlines:

May 17th Date - May 16

May 31 Date - May 30

Register by email: info@wainwrightmfr.ca

<http://events.wainwright.ca>