



Friday, January 12, 2024

Legion Friday Night Supper

Date and Time: Friday, January 12 5:00 pm - 7:00 pm

Address: 1030 - 2 Avenue

Royal Canadian Legion Worthington Branch present Friday Night Supper

\$20 Roast beef, mashed potatoes, vegetables, salad and dessert

\$15 Hamburger, fries, vegetables, salad, dessert

\$6 Hotdog and fries

Meat draw

50/50

Monday, January 15, 2024

Seniors Yoga

Date and Time: Monday, January 15 10:00 am - 11:00 am

Address: 731 - 2 Avenue

Join us and enjoy the benefits of gentle yoga! Learn poses that improve balance, flexibility, and strength. Plus, experience the ultimate in relaxation and mindfulness, reducing stress and boosting your overall well-being.

PLEASE NOTE: Each yoga session has a fee of \$5 per session for each individual. If this fee is a barrier for you, please reach out to us.

Low mobility? No worries!

NO EXPERIENCE NECESSARY!

Homemade Healthy Meals, Company and Conversation

Date and Time: Monday, January 15 11:45 am - 1:00 pm

Address: Battle River Lodge, 429 - 5 Avenue

Battle River Lodge welcomes adults 60 years & up to join us for a community lunch! Enjoy a health full course meal, complete with a salad and yummy dessert. \$10/lunch

Call 780-842-3630 to reserve your spot, space is limited to 4 people.

Theatre 75 Youth Drama Group Registration Night

Date and Time: Monday, January 15 6:30 pm - 8:00 pm

Address: Wainwright Communiplex Theatre 3, 700 - 2 Avenue

Registration night for Theatre '75 Youth Drama Group Spring Production is on Monday, January 15, 2024.

For students in Grades 7-12.

Friday, January 19, 2024

McDades

Date and Time: Friday, January 19 7:30 pm - 9:30 pm

Address: Peace Memorial Multiplex, 650 - 2 Avenue

Wainwright Encore Entertainment Society presents "McDades"!

Tickets available at Bison Printing 2000. Call 780-842-4217 for information.

Daddy Issues

Date and Time: Friday, January 19 9:00 pm - 11:55 pm

Address: 102-10 Street, Wainwright

Saturday, January 20, 2024

Greenshields 4-H Winter Supper

Date and Time: Saturday, January 20 5:00 pm - 8:00 pm

Address: Elks Hall, 1401 - 1 Avenue

Doors open at 5pm, Supper at 6pm, Silent Auction

Adults \$20, Seniors \$15, Children 5 & under Free

McDades

Date and Time: Saturday, January 20 7:30 pm - 9:30 pm

Address: Peace Memorial Multiplex, 650 - 2 Avenue

Wainwright Encore Entertainment Society presents “McDades”!

Tickets available at Bison Printing 2000. Call 780-842-4217 for information.

Monday, January 22, 2024

Seniors Yoga

Date and Time: Monday, January 22 10:00 am - 11:00 am

Address: 731 - 2 Avenue

Join us and enjoy the benefits of gentle yoga! Learn poses that improve balance, flexibility, and strength. Plus, experience the ultimate in relaxation and mindfulness, reducing stress and boosting your overall well-being.

PLEASE NOTE: Each yoga session has a fee of \$5 per session for each individual. If this fee is a barrier for you, please reach out to us.

Low mobility? No worries!

NO EXPERIENCE NECESSARY!

Thursday, January 25, 2024

Trivia Night

Date and Time: Thursday, January 25 7:00 pm - 9:00 pm

Address: Wainwright Golf Course, 1505 - 2 Street

Out of Office presents Trivia Night!

\$5 per person (food and drink at own cost)

As with all Out of Office events, No Minors please!

Friday, January 26, 2024

Refocusing on Healthcare In-Person Engagement Session

Date and Time: Friday, January 26 4:00 pm - 6:00 pm

Address: Communiplex, 700 - 2 Avenue

The Alberta Government is holding an In-Person engagement session in Wainwright on Friday, January 26, 2024 from 4-6pm at the Communiplex to get feedback on the Refocusing of health care in Alberta.

To register, please visit <https://web.cvent.com/.../1b7b0f39-2972-4334-8e6c.../summary>

Name That Tune hosted by the Wainwright & District Chamber of Commerce

Date and Time: Friday, January 26 6:00 pm - 9:00 pm

Address: 2501 - 14 Avenue

The Wainwright & District Chamber of Commerce presents **Name That Tune** at the Moonlight Bay Brewing Co.

Drinks and appies. Appies catered by Fork Around Catering

\$5 per person.

Prizes

Limited seats available

Toy Bingo Night

Date and Time: Friday, January 26 6:00 pm - 8:30 pm

Address: Wainwright Elementary School Gym, 905 - 10 Street

WEPA Presents Toy Bingo Night

\$2 for each 9-game card

Doors Open at 6:00pm, Starts at 6:30pm

All Children Must be Accompanied by an Adult

50/50 tickets, drinks and snacks will be available for purchase.

We are looking for volunteers! If you'd like to help the night of the event, please let the Wainwright Elementary School Office know

Saturday, January 27, 2024

Snowflake Social

Date and Time: Saturday, January 27 4:00 pm - 8:00 pm

Address: 700 - 2 Avenue

Family Literacy Day Celebration

Sunday, January 28, 2024

Wainwright Elks Royal Purple Sunday Brunch

Date and Time: Sunday, January 28 9:00 am - 1:00 pm

Address: Elks Hall, 1401 - 1 Avenue

Excellent variety for a wonderful Sunday morning out!

Age 11 and up: \$15.00, 5-10: \$10, Under 5: free

Monday, January 29, 2024

Seniors Yoga

Date and Time: Monday, January 29 10:00 am - 11:00 am

Address: 731 - 2 Avenue

Join us and enjoy the benefits of gentle yoga! Learn poses that improve balance, flexibility, and strength. Plus, experience the ultimate in relaxation and mindfulness, reducing stress and boosting your overall well-being.

PLEASE NOTE: Each yoga session has a fee of \$5 per session for each individual. If this fee is a barrier for you, please reach out to us.

Low mobility? No worries!

NO EXPERIENCE NECESSARY!

Homemade Healthy Meals, Company and Conversation

Date and Time: Monday, January 29 11:45 am - 1:00 pm

Address: Battle River Lodge, 429 - 5 Avenue

Battle River Lodge welcomes adults 60 years & up to join us for a community lunch! Enjoy a health full course meal, complete with a salad and yummy dessert. \$10/lunch

Call 780-842-3630 to reserve your spot, space is limited to 4 people.

Tuesday, January 30, 2024

How to Communicate with Your Youth

Date and Time: Tuesday, January 30 6:00 pm - 7:00 pm

Address: Virtual

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This training will provide participants with strategies for communicating with children and youth at different developmental stages to encourage healthy relationships and build on trust and open communication, especially surrounding difficult topics like boundaries, consent, rejection, healthy habits, and conflict.

Whether you're a seasoned pro or just starting on your parenting journey, this workshop is designed to equip you with practical skills that can transform your relationship with your youth.

For more information or to register:

Cassidy Graden

-Visit: <https://forms.gle/dvb9Z11kB6EiBtSi6>

-Call: 780-842-2555

-Email: community@wainfcs.ca

<http://events.wainwright.ca>